



Are You Prepared?



72 Hour Emergency Preparedness Kit

72 Hours: Is Your Family Prepared?

If an emergency happens in our community, it may take emergency workers some time to reach you. You should be prepared to take care of yourself and your family for a minimum of 72 hours.

Learn how quick and easy it is to become better prepared to face a range of emergencies. Use the checklists below to build a 72-hour emergency kit. Go to www.getprepared.gc.ca/ for a more detailed list and information on how to be prepared yourself and your family for an emergency.

Basic emergency kit:

- Water - min 2 litres of water per person per day; include small bottles that can be carried easily in case of an evacuation order
- Canned food, energy bars and dried foods (replace food and water once a year)
- Manual can-opener
- Crank or battery-powered radio (and extra batteries) or Weatherradio
- First aid kit
- Extra keys to your car and house
- Some cash in smaller bills, such as \$10 bills
- A copy of your emergency plan and contact information
- Other items such as prescription medication, infant formula, and equipment for people with disabilities

Recommended additional items:

- Two additional litres of water per person per day for cooking and cleaning
- Candles and matches or lighter (place candles in deep, sturdy containers)
- Change of clothing and footwear for each household member
- Sleeping bag/blankets for each household member
- Toiletries/toilet paper
- Hand sanitizer
- Utensils
- Garbage bags
- Water purifying tablets
- Basic tools (hammer, pliers, wrench, screwdrivers, work gloves, dust mask, pocket knife)
- A whistle (in case you need to attract attention)
- Duct tape (to tape up windows, doors, air vents, etc.)
- USB stick with copies of all important documentation

If there is an emergency in our community check www.emergencyalert.alberta.ca/ and the town website www.morinville.ca for important information.