

Proclamation

National Health and Fitness Day

June 1, 2019

- WHEREAS: Morinville wishes to increase awareness among residents of the significant benefits of physical activity and to encourage our community to increase their level of physical activity and their participation in recreational sports and fitness activities, and;
- WHEREAS: it is in Morinville's interest to improve the health of our residents and to reduce the burden of illness on Canadian health care systems, and;
- WHEREAS: the Government of Canada wishes to encourage local governments to facilitate Canadian's participation in healthy physical activities;
- WHEREAS: Morinville's parks and trails offer recreational and fitness opportunities, and;
- WHEREAS: declaring the first Saturday in June to be National Health and Fitness Day will further encourage residents to participate in physical activities and contribute to their own health and well-being
- THEREFORE: I, Mayor Barry Turner, do hereby proclaim the first Saturday in June to be National Health and Fitness Day in Morinville.



Mayor Barry Turner

