

Field House Drop-in Recreation Schedule

Spring/Summer Field House Drop-in Recreation Schedule

March 29 to August 29, 2026

All Ages

Child/Youth

MCSnet: MCSnet Court (formerly Court 2)

MLC3: Court 3



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Pickleball 5 to 7 p.m. (MLC 3)	Pickleball 9 a.m. to 12 p.m. (MLC 3)	Pickleball 4 to 7 p.m. (MLC 3)	Pickleball 9 a.m. to 4 p.m. (MLC 3)		Pickleball 9 a.m. to 4 p.m. (MLC 3)	Pickleball 8 to 11 a.m. (MLC 3)
			Volleyball 7:30 to 9:30 p.m. (MCSNet)	Badminton 5 to 8 p.m. (MLC 3)	FREE Pembina Youth Activate 3 to 8 p.m. Ages 12 to 19	Youth Volleyball 6 to 8 p.m. (MCSNet)

Badminton

Played with lightweight rackets and a shuttlecock, this is a great game for improving agility, hand-eye coordination, and stamina. Open to players of all ages and skill levels. Equipment is available for use.

Pickleball

A fun sport that combines many elements of tennis, badminton and ping-pong on a badminton sized court. Join us and play singles or doubles. Paddles and balls are available.

Volleyball

Come spike, serve and have an exciting time on the court – where every game is a chance to explore new experiences and connections.

All Ages Ball Hockey

Open to all skill levels, this drop-in program offers flexible play, that focuses on skills development and social atmosphere.

Landrex Dry Arena Drop-in Recreation Schedule

Landrex Dry Arena Schedule

April 14 to July 30, 2026

All Ages

Helmets required for those younger than age 18, children must be supervised by a responsible family member aged 16 or older.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		All Ages Ball Hockey 3 to 4:15 p.m.	All Ages Ball Hockey 3 to 4:15 p.m.	All Ages Ball Hockey 3 to 4:15 p.m.		

Please review the program description in the guide for registration details and class start dates.